



ASME
MENTORSHIP
PROGRAMME



in association with

DOCTORS
TRAINING

Online Zoom Interactive Workshops

Spring 2023

Wednesday 24 May (am) & Tuesday 20 June (am) 2023

Individual ASME members are invited to participate in our mentorship programme

By the end of the two session programme, you will be able to:

- Describe and appreciate the role and importance of mentoring in medical education
- Understand contracting and how to manage the mentee-mentor relationship
- Use models and tools to ensure you use an effective approach in your mentoring relationship and with other professionals
- Develop enhanced skills including active listening, supportive and challenging question techniques, reframing and development feedback in the context of a mentoring relationship
- Recognise when to tell, advise, empower support, challenge and coach

Facilitator: Sarah Johnson

Organisational Development and Leadership Specialist

Sarah works across the NHS in her OD capacity, also undertaking individual and team coaching. Sarah believes that having the right conversations in the right way creates a culture of growth, empowerment and engagement.

Sarah is qualified to masters level (ILM Level 7 Certificate for Executive and Senior Level Coaches and Mentors) and is the programme lead for delivery of this qualification for others.



Pre-course

Short mentoring/coaching skills eModule

Session 1

(0930-1230hrs GMT 24 May)

- The role of mentorship
- Effective contracting
- Models and Practices
- Mentorship skills

Session 2

(0930-1230hrs GMT 20 June)

- Recognising the right approach
- Support to challenge for transformational growth
- Working with blocks and limiting beliefs
- Mentoring to enhance resilience and wellbeing

Deadline for applications: Wednesday 3 May please visit: <https://asme.link/mentoring2023>

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